



# Eat Upton

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## Tapas

<b>Pao Rustico (V)</b> Rustic bread, olive oil & balsamic vinegar Extra details of drink 1	£3.95	<b>Azeitonas (V)</b> Marinated olives in olive oil, garlic, chilli and mix herbs	£3.95
<b>Isca Branca</b> Crispy fried Whitebait	£5.25	<b>Cogumelos de Alho (V)</b> Sauteed creamy garlic mushrooms	£4.95
<b>Chouriço Picante</b> Portuguese chorizo cooked in chilli and red wine	£5.50	<b>Bacalhau a Bras</b> Dry salted cod, mini fries combined with egg. Portugal favourite!	£6.90
<b>Camarão Tigre</b> Shell on king prawns cooked in garlic butter & paprika	£8.90	<b>Espetada</b> Marinated chicken & chorizo skewers	£5.75
<b>Pimento Jalapeno (V)</b> Tortilla breaded cream cheese jalapeno peppers	£4.75	<b>Entremeada</b> Belly pork strips chargrilled and served with lemon & sea salt	£5.50
<b>Salada Halloumi (V)</b> Halloumi cheese salad, red onion chutney	£5.25	<b>Lulas Fritas</b> Salt & pepper calamari	£6.95
<b>Rissol de Camarão</b> Home made savoury prawn turnovers	£6.50	<b>Salada Mista (V)</b> Simple mix salad	£4.00



## From the Chargrill

Choose your sauce: Lemon & Herb, Medium, Hot, Very Hot, Piri BBQ, Piri Garlic

<b>1/2 Piri Piri Chicken</b>	£8.50	<b>Full Piri Piri Chicken</b>	£13.95
<b>4 Chicken Wings</b>	£5.50	<b>8 Chicken Wings</b>	£8.95

## Loaded Fries

Our Best Seller

<b>Churrasco</b>	£6.50	<b>Piri Piri</b>	£6.50
Our shredded chicken topped with BBQ sauce		Our shredded chicken topped with your choice of piri piri sauce	
<b>Bacalhau L&amp;H</b>	£8.50	<b>No Meat (V)</b>	£6.50
Salted cod topped with Lemon and Herb sauce		Loaded fries with mixed peppers, cream cheese jalapenos & cheese	

## Sides

<b>Skin on fries (V)</b>	£3.25	<b>Piri Fries (V)</b>	£3.75
<b>Coleslaw (V)</b>	£3.50	<b>Portuguese rice (V)</b>	£3.40
<b>Piri Piri Rice</b>	£3.95	<b>Sweet Potato Fries (V)</b>	£4.25

## Desserts

<b>Pastel de Nata</b>	£3.95	<b>Churros</b>	£4.75
Crunchy custard tart served with sugar & cinnamon		Traditional churros served with chocolate sauce	
<b>Gelado de Leite de Creme</b>	£4.00	<b>Gelado de Framboesa e chocolate</b>	£4.00
Creme brulee flavoured ice cream		Blueberry, raspberry & chocolate ice cream	
<b>Gelado de chocolate com suspiros</b>	£4.00	<b>Dessert of the Day</b>	£4.00
Chocolate Merengue flavoured ice cream		Ask your server the dessert of the day	

## Kids Menu

<b>Tiras de Frango</b>	£5.95	<b>Filetes de Pescada</b>	£5.95
Chargrilled chicken fillets served with fries		Battered fish fillets served with fries	

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<b>Pao Rustico (V)</b>	£3.95	<b>Azeitonas (V)</b>	£3.95
Rustic bread, olive oil & balsamic vinegar Extra details of drink 1		Marinated olives in olive oil, garlic, chilli and mix herbs	
<b>Isca Branca</b>	£5.25	<b>Cogumelos de Alho (V)</b>	£4.95
Crispy fried Whitebait		Sauteed creamy garlic mushrooms	
<b>Chouriço Picante</b>	£5.50	<b>Bacalhau a Bras</b>	£6.90
Portuguese chorizo cooked in chilli and red wine		Dry salted cod, mini fries combined with egg. Portugal favourite!	
<b>Camarão Tigre</b>	£8.90	<b>Espetada</b>	£5.75
Shell on king prawns cooked in garlic butter & paprika		Marinated chicken & chorizo skewers	
<b>Pimento Jalapeno (V)</b>	£4.75	<b>Entremeada</b>	£5.50
Tortilla breaded cream cheese jalapeno peppers		Belly pork strips chargrilled and served with lemon & sea salt	
<b>Salada Halloumi (V)</b>	£5.25	<b>Lulas Fritas</b>	£6.95
Halloumi cheese salad, red onion chutney		Salt & pepper calamari	
<b>Rissol de Camarão</b>	£6.50	<b>Salada Mista (V)</b>	£4.00
Home made savoury prawn turnovers		Simple mix salad	