



The Dancing Blender Smoothie Company

EAT FEEL LIVE

JUICE CLEANSE

NEED A RESET?

Juice Cleanse 3,5,7 Day
Customized & Cold Pressed

How much ?

3 days, 9 bottles \$79.99+
5 days, 15 bottles \$129.99+
7days, 21 bottles \$159.99+

Order 24hrs ahead
In-store or Online

thedancingblender.com

AÇAÍ BOWLS

BANTIGO

Custom Blended Organic Açaí.
Topped with Granola. Strawberry.
Blueberry. Banana.

Santiago \$11.99.

Tradicional \$10.99

Plain Açaí \$8.99 No topping

FOR EXTRA SHEKEL

ADD

PB. Coconut. Maca. Pineapple
Mango. and the list goes on.
Order Ahead, Pay and enjoy @

thedancingblender.com



SMOOTHIES

AFTERNOON DELIGHT cal.104 | \$6.99
strawberry. banana. apple.kiwi. soy milk.

BALANCE. cal.135 | \$10.99
kale banana.shredded coconut.pineapple.
coconut water.

CHUNIE. cal.145 | \$7.99
blueberry.banana. mango.almond milk.

DIMPLES. cal.131| \$5.99
strawberry. kiwi. apple. soy milk

FOGO. cal. 145 | \$8.99
passion fruit . mango. coconut water.
honey.

GREEN SURPRISE. cal. 165 | \$7.99
spirulina. orange juice.banana. apple.
peach. soy milk.

ISLAND ZINGER cal. 139 | \$6.99
papaya. lemon. strawberry. peach.soy
milk.

LAGUNA BEACH. 139| \$6.99
pineapple. banana. shredded coconut.
soy milk.

PINEAPPLE TWIST.cal. 118 | \$6.99
pineapple. banana. apple. soy milk.

POWER TM. cal. 141 | \$8.99
kale. banana. oats. flaxseed. almond milk.
honey.

RACHEIL. cal. 104 | \$5.99
strawberry. banana soy milk.

RENEW. cal. 107| \$9.99
spinach. strawberry. blueberry. carrot.
almond milk .honey.

SOPD. cal. 148 | \$8.99
strawberry.banana. apple. whey. soy milk.

WAKEY WAKEY. cal.171| \$8.99
mango.banana. orange juice. chia seed.
almond milk

YUM YUM. cal. 418| \$7.99
peanut butter. banana. soy milk.

MADE ME. cal. 137 | \$9.99
raspberry. carrot. blueberry.
beet.banana.apple. soy milk.

PCH. cal. 408 | \$8.99
organic maca. spinach. banana. peanut
butter. almond milk.

PPC.cal. 429| \$10.99
pineapple. mango. banana. peanut
butter.spinach.almond milk.

ROAD.CAL. 150.I |\$10.99
raspberry. mango. banana. orange juice.
almond milk. honey.

BUFF-OFF. CAL. 155| \$8.99
bee pollen. blueberry.banana. shredded
coconut.almond milk.

NOT'CHA MATCHA.CAL.155| \$10.99
organic matcha. pineapple.mango. almond
milk. honey.

COLD PRESSED JUICES

NOLA. cal.144 | \$8.99

orange juice. beet. ginger.carrot. apple.

MOJOE. cal. 118 | \$6.99

orange juice.ginger. lemon juice.

INSIDE OUT. cal. 149 | \$7.99

kale. spinach.ginger. lemon juice.

RELAX. CAL. 129 R \$8.99

carrot. turmeric. ginger. orange. celery .lemon juice.

SHED IT. CAL. 119 | R \$7.99

green apple. celery. cucumber. lemon juice.

FRESH START. CAL. 116 | \$6.99

carrot. ginger. orange juice. lemon juice.

AFTER MEAL. CAL. 81 | \$5.99

carrot. ginger.

SPECIAL CLEANSING. CAL. 67 | \$5.99

carrot. beet.

TDB POWER SHOTS

FLU SHOT.2OZ | \$10.99

organic ginger. turmeric. garlic. cayenne. carrot.
lemon juice.

TURMERIC SHOT. 2 oz | \$6

turmeric. ginger. lemon juice.

GINGER SHOT. 2oz | \$5

ginger. lemon juice.





WRAPS

LAS BRISAS. | \$7.99

baked chicken. organic mixed greens. shredded carrots. tomato. honey dijon.

TOFU WRAP. | \$7.99

albacore tuna. organic mixed greens. shredded carrots. tomato. honey dijon.

HUMMINA HUMMINA. | \$6.99

hummus. organic mixed greens. shredded carrots. tomato. honey dijon.

LAGUNA HEAVEN | \$7.99

baked eggplant. roasted red peppers. sundried tomato. organic mixed greens. tomato. honey dijon.

SILLY WABBIT | \$5.99

organic mixed greens. shredded carrots. tomato. honey dijon.

TOFU WRAP | \$7.99

baked tofu. organic mixed greens. shredded carrots. tomato. honey dijon.

SANDWICHES

HOMEMADE VEGGIE BURGER. | \$7.99

veggie burger patty. organic MIXED greens. shredded carrots. tomato. honey dijon.

TUNA SANDWICH. | \$7.99

albacore tuna. organic mixed greens. shredded carrots. honey dijon.

FLAKEY STUFFED CROISSANT. | \$6.99

sautéed chicken and broccoli on a bed of organic mixed greens. stuffed on a flakey stuffed croissant. honey dijon.





SALADS

MANGO CHICKEN SALAD. | \$14.99
baked chicken. organic mixed greens. shredded carrots.mango. pickled cabbage.crunchy tortilla. tomato. honey dijon.

TUNA SALAD. | \$7.99
albacore tuna. organic mixed greens. shredded carrots. tomato. honey dijon.

QUINOA SALAD. \$14.99
quinoa. organic mixed greens. shredded carrots. dried cranberry.slivered almonds.honey dijon.

BEET SALAD. | \$12.99
roasted beets. organic mixed greens. shredded carrots. tomato. feta cheese. walnut. balsamic vinaigrette.

MIXED GREENS SALAD. | \$6.99
organic mixed greens. shredded carrots. sliced cucumber. tomato. honey dijon.



BAGUETTES

CAPRESE MOZZARELLA. | \$7.99
fresh mozzarella. homemade pesto. tomato.on a toasted baguette.

GRILLED CHICKEN BAGUETTE. | \$8.99
grilled chicken.avocado. tomato. honey dijon. on a toasted baguette.

TUNA BAGUETTE. | \$6.90
albacore tuna.shredded carrots. organic mixed green. tomato. honey dijon. on a toasted baguette.

BOWLS

QUINOA BOWL. | \$14.99
roasted butternut squash. sweet and yukon roasted potatoes. quinoa. sautéed onion. zucchini and broccoli topped with smashed avocado and eggs your way.

BROWN RICE BOWL. \$14.99
brown rice. sweet peas. sweet corn.shredded carrots. topped with smashed avocado. cherry tomato.

CAULIFLOWER RICE BOWL. \$14.99
riced cauliflower. black beans. sweet corn. onion. roasted red peppers.topped with smashed avocado. tomato.

Add protein extra \$\$

chicken. tuna. tofu. veggie burger patty.

BREAKFAST

BREAKFAST BOWL. | \$12.99

organic mixed greens. quinoa. garbanzo beans. heirloom tomatoes. 2 eggs your way. smashed avocado.
Add bacon extra \$

BACON EGG AND CHEESE CROISSANT. \$6.99

flakey croissant. 2 eggs. cheese. turkey bacon

BACON AND EGG CROISSANT. \$5.99

EGG CHEESE AND AVOCADO. | \$4.99

2 eggs your way. cheese. avocado. tomato.

BACON AND EGGS. | \$4.99

2 eggs and turkey bacon on choice of wrap or bread of the day.

VEGGIE OMELETTE. | \$7.99

scrambled eggs. sauteed onion. tomato. peppers.

MORE TO EAT

RAIYE'S OATMEAL. | \$4.99

oats. dried cranberry. sliced almond. honey or brown sugar.

PLAIN OATMEAL. | \$4

Add fruit extra \$

2 HARD BOILED EGGS. \$3

BEVERAGES

ORANGE JUICE. | \$5

fresh squeezed daily.

COFFEE OR TEA. | \$3

hot or cold.

INFUSED ICED TEA. | \$5

organic tea infused with berry of the day.





www.thedancingblender.com



SCAN QR CODE TO ORDER AND PAY

