

|                                    | Gluten  | Crustaceans | Eggs | Fish | Peanuts | Soybeans | Milk | Nuts      | Celery | Mustard | Sesame seeds | Sulphur dioxide | Lupin | Molluscs |
|------------------------------------|---------|-------------|------|------|---------|----------|------|-----------|--------|---------|--------------|-----------------|-------|----------|
| <b>Starters and Salads</b>         |         |             |      |      |         |          |      |           |        |         |              |                 |       |          |
| Garlic Bread Pizza with Mozzarella | x wheat |             |      |      |         |          | x    |           |        |         |              |                 |       |          |
| Focaccia                           | x wheat |             |      |      |         |          | x    |           |        |         |              |                 |       |          |
| Quattro Focaccia                   | x wheat |             |      |      |         |          | x    |           |        |         |              |                 |       |          |
| Caesar Salad                       | x       |             | x    | x    |         | x        | x    |           |        |         |              | x               |       |          |
| Smoked Chicken Caesar              | x       |             | x    | x    |         | x        | x    |           |        |         |              | x               |       |          |
| Caprese Salad                      |         |             |      |      |         |          | x    | x cashew  |        |         |              | x               |       |          |
| Quattro House Salad                |         |             |      |      |         |          | x    | x walnuts |        | x       |              | x               |       |          |
| Beetroot Walnut & Goats Cheese     |         |             |      |      |         |          | x    | x walnuts |        |         |              |                 |       |          |
| Rocket Salad                       |         |             |      |      |         |          | x    |           |        | x       |              | x               |       |          |
| Homemade Meatballs                 | x wheat |             | x    |      |         |          |      |           |        |         |              | x               |       |          |
| Arrabiata Roast Potatoes           |         |             |      |      |         |          |      |           |        |         |              | x               |       |          |
| Italian Roast Potatoes             |         |             |      |      |         |          |      |           |        |         |              |                 |       |          |
| Hot n Spicy Chicken Wings          | x wheat | x           | x    | x    |         |          | x    |           |        |         |              | x               |       | x        |
| Bruschetta Pomodoro                | x wheat |             |      |      |         |          |      |           |        |         |              | x               |       |          |
| Bruschetta Special* Peppers        | x wheat |             |      |      |         |          | x    |           |        |         |              |                 |       |          |
| Bruschetta Tre Colori              | x wheat |             |      |      |         |          | x    |           |        |         |              |                 |       |          |
| Bruschetta Avocado and Burrata     | x wheat |             |      |      |         |          | x    |           |        |         |              |                 |       |          |
| Roaring Water Bay Rope Mussels     |         |             |      |      |         |          |      |           |        |         |              | x               |       | x        |
| Fritto Misto                       | x wheat | x           | x    | x    |         |          |      |           |        |         |              |                 |       | x        |
| Arancini Siciliana                 | x wheat |             |      |      |         |          | x    |           | x      |         |              | x               |       |          |
| Chilli Prawns in Tomato Sauce      |         | x           |      |      |         |          |      |           |        |         |              | x               |       |          |
| Antipasto Misto                    | x wheat |             |      |      |         |          | x    | x cashew  |        |         |              | x               |       |          |
| House cut Fries                    | x wheat | x           | x    | x    |         |          | x    |           |        |         |              |                 |       | x        |
| Seasonal Veg                       |         |             |      |      |         |          | x    |           |        |         |              |                 |       |          |
|                                    |         |             |      |      |         |          |      |           |        |         |              |                 |       |          |
| <b>Woodfire Pizza</b>              |         |             |      |      |         |          |      |           |        |         |              |                 |       |          |
| Margherita                         | x wheat |             |      |      |         |          | x    |           |        |         |              | x               |       |          |
| Hawaii                             | x wheat |             |      |      |         |          | x    |           |        |         |              | x               |       |          |
| Americana                          | x wheat |             |      |      |         |          | x    |           |        |         |              | x               |       |          |
| Vegetarian                         | x wheat |             |      |      |         |          | x    |           |        |         |              | x               |       |          |
| Puck Fair                          | x wheat |             |      |      |         |          | x    | x walnuts |        |         |              | x               |       |          |



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| <b>Risotto</b>                |         |             |      |      |         |          |      |            |        |         |              |                 |       |          |
| Risotto Gamberi               |         | x           |      |      |         |          | x    |            |        |         |              | x               |       |          |
| Risotto Chicken&Mushroom      |         |             |      |      |         |          | x    |            |        |         |              | x               |       |          |
|                               |         |             |      |      |         |          |      |            |        |         |              |                 |       |          |
| <b>Main Courses</b>           |         |             |      |      |         |          |      |            |        |         |              |                 |       |          |
| The Italian Burger            | x wheat |             | x    |      |         |          |      |            |        |         | x            | x               |       |          |
| Pan-fried Seabream            |         |             |      | x    |         |          | x    |            |        |         |              |                 |       | x        |
| Fritto Misto                  | x wheat | x           |      | x    |         |          |      |            |        |         |              | x               |       | x        |
| Pollo Tarragon                |         |             |      |      |         |          | x    |            |        |         |              | x               |       |          |
| 8oz Black Angust Fillet Steak | x wheat |             |      |      |         |          | x    |            |        |         |              | x               |       |          |
| 14oz Bone-in Rib-Eye Steak    | x wheat |             |      |      |         |          | x    |            |        |         |              | x               |       |          |
|                               |         |             |      |      |         |          |      |            |        |         |              |                 |       |          |
| <b>Dips</b>                   |         |             |      |      |         |          |      |            |        |         |              |                 |       |          |
| Cashel Blue Cheese            |         |             | x    |      |         | x        | x    |            |        |         |              |                 |       |          |
| Garlic and Herb Dip           |         |             | x    |      |         |          |      |            |        |         |              |                 |       |          |
| Homemade Pesto                |         |             | x    |      |         |          | x    | x          |        |         |              |                 |       |          |
| Harissa Mayo dip              |         |             | x    |      |         |          | x    |            |        |         |              | x               |       |          |
|                               |         |             |      |      |         |          |      |            |        |         |              |                 |       |          |
| <b>Desserts</b>               |         |             |      |      |         |          |      |            |        |         |              |                 |       |          |
| Home-made Tiramisu            | x wheat |             | x    |      |         |          | x    |            |        |         |              |                 |       |          |
| Warm Chocolate Brownie        | x wheat |             | x    |      |         | x        | x    | x          |        |         |              |                 |       |          |
| Nutella Pizza                 | x wheat |             | x    |      |         | x        | x    | x hazelnut |        |         | x            |                 |       |          |
| Quattro Banoffee Pie          | x wheat |             | x    |      |         | x        | x    | x          |        |         | x            |                 |       |          |