

B R E A K F A S T

AVAILABLE UNTIL 11:30AM

PORRIDGE ^{1, 7.} GF available <i>Creamy porridge, fresh berries, chia and pumpkin seeds with manuka honey</i>	€4.95
IRISH BREAKFAST ^{1, 3, 6.} GF available <i>Bacon, sausage, Drummully pan boxty, egg, black & white pudding served with a portion of toast and tea or coffee</i>	mini €7.95 full €9.95
SKINNY ^{1, 3, 6, 7.} GF available <i>Bacon, turkey sausages, Drummully pan boxty, roasted cherry vine tomatoes, poached eggs, mushrooms, beans with whole-meal toast and tea or coffee</i>	€9.95
BREAKFAST BAGEL ^{1, 3, 6, 10, 11.} GF available <i>Bacon, sausage, mozzarella, fried egg with red or brown sauce</i>	€6.95
SCRAMBLED / POACHED ^{1, 2, 3, 4, 7, 14.} GF available <i>Cherry tomato served with bacon or smoked salmon, whole-meal toast and tea or coffee</i>	€8.50
AVOCADO AND TOAST ^{1, 3, 12.} GF available <i>Smashed avocado and free range eggs on toasted sourdough, cherry vine roasted tomato</i>	€7.50
SPANISH CHORIZO & CRISPY POTATO ^{3, 6.} GF available <i>Diced potato, cubed chorizo and two poached eggs</i>	€8.95
VEGAN ^{6.} VE, GF available <i>Vegan sausages, Drummully pan boxty, wilted spinach, roasted tomatoes, mushrooms, falafel, avocado toast</i>	€10.50
EGGS BENEDICT ^{1, 3, 7, 12.} GF available <i>Poached eggs served on toasted sour dough, crispy bacon or smoked salmon, avocado, spinach finished with Benedict sauce</i>	€9.00
FRENCH TOAST ^{1, 3, 7.} <i>Sliced loaf brioche, crispy bacon served with maple syrup</i>	€7.95
PANCAKES ^{1, 3, 7.} <i>Pancakes with lemon and sugar, crispy bacon with maple syrup or mixed berry compote with cream</i>	€6.95

L I G H T B I T E S

NACHOS ^{7.} SC, GF available <i>Oven baked potato sliced, with chunky salsa, diced ham, mixed peppers, red onions, feta & mozzarella</i>	€7.95
BAKED POTATO ^{... SC,} GF available <i>Served with 2 salads of your choice</i>	€7.95
POTATO SKINS ^{6, 7.} GF available <i>Topped with crispy bacon, sautéed onions, melted mozzarella, side of sour cream, salad and coleslaw</i>	€7.50
CHICKEN WINGS ^{6, 7, 9, 10.} GF available <i>Spiced wings served with celery sticks and cashel blue dressing</i>	€7.50

S A L A D S

CHICKEN CEASER SALAD ^{1, 3, 7, 10.} SC available <i>Cajun chicken, crispy bacon, sweet red onion, cherry tomatoes, croutons, parmesan and Caesar dressing</i>	€9.95
GOATS CHEESE ^{7, 8.} <i>Beetroot, onion relish, walnuts and a delicious baked lemon pepper goat's cheese</i>	€9.95
SUPERFOOD ^{1, 4, 6, 7, 12.} SC available <i>Quinoa, squash, pomegranate, beetroot, avocado and sundried tomato with an option of cajun chicken, cajun salmon or smoked salmon dressed with balsamic glaze</i>	€10.95

W R A P S

DR. EVA WRAP ^{1, 3, 7.} <i>Toasted wholemeal wrap with red onion marmalade, roasted vegetables, and feta cheese chunks</i>	€7.50
VEGETARIAN ^{1, 3, 7, 8.} <i>Sun blushed tomatoes, peppers, red onion, olives, mozzarella, mayo & pesto</i>	€7.95
SLIMMER'S EGG WRAP ^{3, 7, ...} <i>Choose up to 5 fillings and side salad</i>	€8.95
NEW ORLEANS ^{1, 3, 7.} <i>Toasted wrap with red onion marmalade, smoked chicken, sundried tomatoes, rocket, feta cheese chunks and finished off with parmesan and rocket leaves</i>	€8.95
QUESADILLA ^{1, 3, 7.} <i>Salsa, chicken strips, mozzarella, jalapeno peppers, sweet red onion served with side salad, sour cream and cajun mayo</i>	€8.95

S I D E S

SKINNY FRIES ^{6.}	€3.50	TOSSED SALAD	€3.00
SWEET POTATO FRIES ^{6.}	€3.95	BASMATI RICE	€3.00
CAJUN FRIES ^{6, 7.}	€3.95	EGG NOODLES ^{3.}	€3.00
TRUFFLE FRIES & PARMESAN ^{6, 7.}	€3.95		

K I D S

CHICKEN GOUJONS & CHIPS ^{1, 6.}	€6.95
FLAT BREAD PIZZA ^{1, 7.}	€6.95
MINI BURGER & CHIPS ^{1, 3, 6.}	€6.95
SAUSAGE & CHIPS ^{1, 6.}	€6.95
BABY BOWL ^{9.}	€3.50
PENNE PASTA & TOMATO OR CREAM ^{1, 7.}	€6.95
HALF LUNCH SPECIAL ^{...}	€6.95
HAM & CHEESE TOASTIE ^{1, 7.}	€3.75

B A G E L S & S A N D W I C H E S

DIY TOASTIE ^{1, 7, ...} <i>Based on two fillings. Any additional fillings 0.30 extra each. Available on white, brown, gluten free, homemade brown bread or sourdough bread</i>	€3.75
BLT ^{1, 3, 10, 11.} <i>Bacon, iceberg lettuce, vine tomato with mayo</i>	€6.25
NASHVILLE ^{1, 3, 10, 11.} <i>Crispy bacon, melted Brie cheese, red onion marmalade and mayo</i>	€6.95
LONE RANGER ^{1, 3, 7, 10, 11.} <i>Chicken, crispy bacon, red onion, lettuce, mayo & BBQ sauce</i>	€6.95
TUNA MELT ^{1, 2, 3, 4, 7, 10, 11, 14.} <i>Tuna, roasted peppers, red onion, melted mozzarella with mayo</i>	€6.95
ALABAMA ^{1, 3, 10, 11.} <i>Sweet chilli, chicken, bacon, iceberg lettuce with mayo</i>	€6.95
SMOKED TURKEY ^{1, 3, 7, 8, 10, 11.} <i>Smoked turkey, bacon, smoked gouda cheese, iceberg lettuce, vine tomatoes, mayo & pesto</i>	€6.95
CAESAR ^{1, 3, 10, 11.} <i>Chicken, bacon, red onion, sliced vine tomato, iceberg and caesar dressing</i>	€6.95
BERMUDA ^{1, 3, 7, 10, 11.} <i>Bacon, mozzarella, cream cheese and chive with guacamole</i>	€6.95
RED ALERT ^{1, 7, 11.} <i>Chicken, red onion, mozzarella, sour cream & chives, spice marinara and iceberg lettuce</i>	€6.95
TEX MEX ^{1, 7, 11.} <i>Chicken, red onion, mozzarella with Ballymaloe country relish</i>	€6.95
ITALIAN ^{1, 3, 7, 8, 10, 11.} <i>Chicken, mozzarella, iceberg lettuce with homemade pesto</i>	€6.95
GREEK ^{1, 3, 7, 8, 10, 11.} <i>Sun blushed tomatoes with melted feta cheese, sweet red onion, black olives, mayonnaise with homemade pesto</i>	€6.75
CHAPTER ONE SANDWICH ^{1, 7.} <i>Turkey breast, melted brie cheese, bacon and cranberry sauce on your choice of bread</i>	€5.75
MED DELIGHT ^{1, 3, 7, 8, 10, 11.} <i>Sun dried tomatoes, roasted peppers, red onion, mozzarella, mayo and pesto sauce open on brown bread</i>	€6.75
CALIFORNIAN CHICKEN CLUB ^{1, 3, 7, 10, 11.} <i>Roasted chicken, bacon, vine tomato, romaine lettuce with parmesan and garlic mayonnaise served on sourdough bread</i>	€7.50

◆ ALL OPTIONS AVAILABLE ON WRAPS GLUTEN FREE BAGELS AVAILABLE

M A I N S

BLACK JACK BURGER ^{1, 3, 6, 7.} <i>6oz prime burger, ajun mayo, onion ring, baby gem and bacon with a brioche bun</i>	€11.95
BLUE CHEESE BURGER ^{1, 3, 6, 7.} <i>6oz prime burger, cashel blue cheese, caramelised red onion and mixed leaves</i>	€11.95
VEGAN BURGER ^{6, 7} <i>Plant based, cos, house mustard mayo and relish</i>	€12.95
BUTTERMILK CHICKEN BURGER ^{1, 3, 6, 7.} <i>Cajun mayo, baby gem and vine tomato</i>	€12.95
TAGLIATELLE PASTA ^{1, 6, 7, 12.} <i>Diced Chicken, bacon lardons and spinach in a rich creamy sauce with a side of homemade garlic bread.</i>	€10.95
FISH & CHIPS ^{1, 2, 4, 6, 7, 12, 14.} <i>Fresh Haddock with crispy beer batter, mushy peas, tartar sauce and lemon</i>	€12.95
CHICKEN GOUJONS ^{1, 3, 6, 7, 10, 12.} <i>Chicken goujons and chips with a side of homemade coleslaw and honey mustard sauce</i>	€10.95

P I Z Z A S

THE DIY ^{1, 7, ...} <i>Build your own 12 inch pizza. Mix and match from a selection of:</i>	€11.95	
MOZZARELLA ^{7.}	CHICKEN	CORN
GOAT'S CHEESE ^{7.}	CHORIZO	JALAPENOS
TOMATOES	HAM	PICKLES
PEPPERS	BACON	PINEAPPLE
ONIONS	MUSHROOMS	
<i>Why not try our Drummully 10 inch boxty pizza ^{7, ...} SC, GF available</i>		

F R O M T H E W O K

MAKE A CHOICE	
CHICKEN	€12
BEEF	€13
PRAWN ^{2, 4, 14.}	€13
VEGETARIAN	€11
VEGAN OAT BALL ^{1.}	€13
CHOOSE A SAUCE	PICK YOUR SIDE
THAI GREEN CURRY ^{2, 7, 11.}	BASMATI RICE
TERIAKY ^{1, 6, 11, 12.} GF available	EGG NOODLES ^{3.}
SWEET AND SOUR ^{1, 6, 11, 12.} GF available	SKINNY FRIES ^{6.}
KORMA ^{7, 8.}	WRAPS ^{1.}
SWEET CHILLI	TOSSED SALAD
SOYA AND FRESH GINGER ^{6, 9.} SC, GF available	
KERALA CURRY	