

★  
*Mai's*  
**Viet Kitchen**



Tring Park Cricket Club ★ London Road ★ Tring ★ HP23 6HA

07588 063182

# Lunchtime & Evening Menu

## ★ STARTERS ★

**Vietnamese prawn crackers**  
**Bánh phồng tôm** £3  
served with sweet chilli dipping sauce (WF)

**Pork spring rolls**  
**Nem rán** £7.5  
3 Vietnamese spring rolls. Mum's recipe ground pork with herbs & vegetables wrapped in rice paper served hot with lettuce and herbs to wrap and dip in nước chấm dipping sauce (WF)

**Vegetable spring rolls**  
**Nem chay** £7.5  
3 Vietnamese spring rolls. Mixed vegetables with herbs wrapped in rice paper served hot with lettuce and herbs to wrap and dip in nước chấm dipping sauce (V, WF)

**Prawn summer rolls**  
**Gỏi cuốn tôm (pre-order only)** £7.5  
3 prawn summer rolls. King prawns, vegetables, herbs & peanuts wrapped in rice paper served cold with a sweet & spicy dipping sauce (WF)

**Vegetable summer rolls**  
**Gỏi cuốn chay (pre-order only)** £7  
3 vegetable summer rolls. Vegetables, herbs & peanuts wrapped in rice paper served cold with a sweet & spicy dipping sauce (V, VE, WF)

## ★ SALADS ★

**Vietnamese green mango and king prawn salad**  
**Gỏi xoài** £12  
Combining sweet, sour, salty & spicy flavours, served with aromatic herbs, topped with crunchy peanuts & crispy onions (GF)

**Rice noodle salad**  
**Bún chày** £8  
Vietnamese rice noodle salad. Rice noodle salad with vegetables, herbs, peanuts & nước chấm dressing (V, WF)  
(Add 2 Nem rán pork spring rolls + £4)

**Lemongrass chilli chicken**  
**Bún gà xào sả ớt** £10  
Rice noodle salad with vegetables, herbs, peanuts & nước chấm dressing, topped with lemongrass & chilli chicken (WF)

**Beef skewers**  
**Bún bò nướng xá** £10  
Rice noodle salad with vegetables, herbs, peanuts & nước chấm dressing, topped with grilled lemongrass beef skewers

**Seasoned omelette**  
**Bún trứng ốp lết** £10  
Rice noodle salad with vegetables, herbs, peanuts & nước chấm dressing, topped with strips of seasoned omelette (V)

**Seasoned tofu**  
**Bún đậu hũ rang muối** £10  
Rice noodle salad with vegetables, herbs, peanuts & nước chấm dressing, topped with salt & pepper seasoned organic tofu (V)

**Char siu pork**  
**Bún thịt xá xíu** £10  
Rice noodle salad with vegetables, herbs, peanuts & nước chấm dressing, topped with locally sourced roasted char siu pork



## ★ MAINS ★

### Char siu pork Mì khô thịt xá xíu

£11

Locally sourced char siu roasted pork served with egg noodles & Asian slaw

### Seasoned tofu Mì khô đậu hũ rang muối

£11

Salt and pepper tofu served with egg noodles & Asian slaw (V)

### Beef skewers Mì khô bò nướng xả

£11

Grilled lemongrass beef skewers, served with egg noodles & Asian slaw

### Ginger Chicken Gà kho gừng

£10

Chicken in an aromatic gravy of ginger, mint, fish sauce & mushrooms. Served with jasmine rice

### Vietnamese chicken noodle soup Phở Gà

£8

Aromatic chicken broth with rice noodles & chicken, served with herbs & bean sprouts.

### DIETARY REQUIREMENTS

- (V) Some of our vegetarian dishes contain fish sauce please ask when ordering for an alternative
- (VE) We can accommodate vegans for some dishes by changing dressings & noodles please do ask us when you order
- (WF) Wheat free
- NUTS We can remove nuts from dishes but cannot guarantee a nut free environment in the kitchen.

## VIETNAMESE CURRY

### Chicken & sweet potato curry Cà ri gà

£10

Marinated chicken cooked in an aromatic coconut milk with lemongrass, kaffir lime leaves and spices. Served with jasmine rice  
Also available with organic tofu (V, WF)

### Prawn & sweet potato curry Cà ri tôm

£12

Aromatic king prawn coconut milk curry with lemongrass, kaffir lime leaves & spices. Served with jasmine rice (WF)

### Vegetable & sweet potato curry Cà ri chay

£10

Aromatic coconut milk curry with broccoli, carrot, baby corn, sweet potato, peppers, lemongrass, kaffir lime leaves and spices. Served with jasmine rice (V, WF)

## SIDE

### Stir fried vegetables Rau xào tỏi

£4

Wok tossed stir fried vegetables with garlic & oyster sauce (V)

## BAGUETTES

### Vietnamese filled baguettes Bánh mì

£8

(LUNCHTIME TUES-FRI)

Choose from lemongrass & chilli chicken, char siu roasted pork or salt & pepper seasoned organic tofu. Accompanied with Sriracha chilli mayonnaise, cucumber, onion, pickled vegetables & herbs.



## OUR STORY

We are a family run business offering authentic Vietnamese cuisine in Hertfordshire. Our story starts back in Hanoi, Vietnam where my Mum was born. She moved to England aged 18, after spending a lot of her childhood in France, although we still have family living in the vibrant Ho Chi Minh City! After visiting Vietnam a number of times, I fell in love with the culture, welcoming people & street food.

I have always been passionate about cooking & hoped that one day Vietnamese food would become known for its aromatic, fresh flavours here in the UK. While walking in 'lockdown 2020' I decided to completely change career path & so Mai's Viet Kitchen was born - thankfully Mum has joined me on the journey!

*Enjoy Dene*



Tuesday to Friday 12pm-3pm  
Bánh mì baguettes

Thursday & Friday 12pm-9pm  
Full menu

Saturday 4pm-9pm  
Full menu

DELIVERY IS AVAILABLE BETWEEN  
5-9PM THURS-SAT

(we recommend calling to order  
before 3pm for your evening takeaway  
to avoid disappointment)

*Tip from  
the kitchen*

Wrap a nem (spring roll)  
In a lettuce leaf  
& sprig of mint,  
then dip in the  
nước chấm sauce!

