MENU

Breakfast

NORWEGIAN EGGS

€17.00

€16.50

2 poached eggs, hollandaise, avocado, smoked salmon, mushrooms, tomato, potato rosti & sourdough

contains gluten(wheat), egg, fish, milk

BIG BREAKFAST

Harry's

Cafe Bar

2 bacon,2 sausages, 2 eggs, portobello mushrooms, black & white pudding, tomato, sourdough toast & relish contains gluten(wheat), egg, mustard(relish)

EGGS BENEDICT

2 poached eggs on sourdough with hollandaise sauce, with a choice of bacon or ham contains gluten(wheat), egg, milk

THE BREAKFAST BAP

2 bacon, 2 sausages, fried egg on a floury bap with butter & relish contains gluten (wheat), egg, mustard (relish)

SMALL BREAKEAST

2 bacon,1 sausage, 1 egg, sourdough toast & relish contains gluten (wheat), egg, mustard (relish)

CHEESE & BACON

CROISSANT

CRUNCY

contains gluten (wheat),milk

Vegetarian & Vegan

AVOCADO & EGGS (V) **€13.50**

€12.50

€9.50

€9.50

€3.00

€4.00

€3.00

€4.00

€0.00

Two poached eggs & avocado on sourdough, seeds and chilli flakes contains gluten(wheat), seeds, egg

WAFFLES (V)

Two Belgian waffles, mixed fresh fruit, vanilla ice cream & chocolate sauce or maple syrup contains gluten(wheat), milk

€11.50 VEGAN BREAKFAST (V)(VN)

Scrambled tofu, vegan sausage, tomato, portobello mushrooms, hoisin sauce, vegan butter with toast contains gluten(wheat), soy

SCRAMBLED/POACHED EGGS €9.50 (\vee)

with sourdough contains gluten(wheat), egg, milk

HOUSE PORRIDGE (V)(VN) €9.50

Jumbo oats with cranberries, mixed fresh fruit & oat milk contains gluten (oat flakes)

GRANOLA (V)

Toasted wholegrain oats, seeds & nuts granola, with natural yoghurt & fresh fruit contains gluten (oat flakes), nuts & seeds and may contain traces of peanuts.

PANCAKES (V)

Three American-style pancakes, with chocolate sauce or maple syrup contains gluten (wheat), milk (sauce)

GLUTEN-FREE BREAD AVAILABLE

SOURDOUGH, CREAM CHEESE, €9.50 **RELISH, BACON** OR WITH SALMON €12.50 contains gluten (wheat), fish, milk Sides €5.00 PORTABELLO MUSHROOMS SMOKED SALMON 2 BACON €4.00 2 TOAST €3.00 2 EGGS **1 BLACK AND 1 WHITE PUDDING** 2 SAUSAGES €3.00 **AVOCADO**

€11.50

€9.50

€13.50

€13.50

Lunch

€15.00

Shredded marinated chicken, tomato, ham, lettuce, mature white cheddar, a few crisps & mayo on soft sourdough bread

contains gluten (wheat), milk, mustard & egg(mayo)

LEMON CHICKEN WRAP €12.50

Chicken with zest, grated mozzarella cheese, roasted peppers, rocket & a basil infusion contains gluten (wheat), milk (cheese), mustard & egg(mayo)

TUNA MELT SAMBO

CLUB SAMBO

Tuna, sweetcorn, mixed herbs, tomato, mature white cheddar, rocket, mayo on soft crunchy sourdough

contains gluten (wheat), milk, fish, mustard & egg(mayo)

CHICKEN FILLET ROLL

€10.50

€12.50

Succulent southern fried chicken, with grated mature white cheddar, tomato, mayo, lettuce, and gherkins in a toasted ciabatta contains gluten(wheat), milk, mustard & egg(mayo)

HAM CHEESE TOASTIE €8.50

FX Buckley baked ham, melted mature white cheddar, butter & red pepper relish on soft, crunchy sourdough

contains gluten(wheat), milk, mustard (relish)

PANKO CHICKEN BURGER €13.50

FRIES

€16.00

Succulent southern fried chicken, melted mature white cheddar, avocado, tomato, lettuce, mayo on a brioche bap

contains milk(cheese), gluten(wheat), mustard & egg(mayo)

THAI CHICKEN SOUP

LARGE

MEDIUM

Our signature soup dish, medium spice, chicken, noodles, and vegetables in a broth with Caviston's brown bread

contains gluten (wheat/bread & noodles), celery

LUNCH DEAL

ADD €2.50 TO A SANDWICH, SALAD OR BURGER FOR A SMALL SOUP OF THE DAY OR FRIES

ADD €3.50 FOR THAI SOUP

Vegetarian & Vegan

KALE SALAD(V)

Poached egg, kale, sweet potato chunks, feta & peanut rayu (peanuts, walnuts & cashew nuts in a chilli oil)

contains egg, milk, peanuts, nuts & seeds

PEACH & GOAT'S CHEESE SALAD (V)

Crumbed goat's cheese, peaches and tomatoes, roasted peppers, pomegranate, pickled onion, caramelised pecan nuts, rocket, balsamic reduction *contains milk (cheese), nuts*

VEGETARIAN BURGER (V) (VN) €12.00

€14.50

€15.50

€15.50

FRIES

A blend of vegetable protein, sunflower oil with a golden crumb, melted white mature cheddar or vegan cheese, tomato, portabello mushrooms, gherkins, lettuce & spicy aioli or vegan mayo on a bap

contains soy, milk (cheese), gluten(wheat) mustard & egg(aioli)

BUFFALO MOZZARELLA & TOMATO BRUSCHETTA (V)

€12.50

With fresh tomatoes and sundried tomatoes, rocket & a basil infusion on toasted ciabatta contains gluten (wheat), milk

HALLOUMI WRAP (V)

Roasted halloumi, aubergine, peppers & courgette, rocket and a sriracha sauce contains gluten (wheat), milk(cheese), mustard & egg(mayo)

CAPONATA (V) NEW

€10.00

€12.50

A rich Sicilian stew of aubergine, bell peppers, cherry tomato, courgette, onion, parmigiano, olives, capers, mixed herbs & white wine with toasted sourdough

contains milk (cheese), celery, sulphites

SOUP OF THE DAY(V)(VN) LARGE €9.50

MEDIUM with Caviston's brown bread

contains gluten (wheat bread)

€7.50

€11.50

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Take Away

Breakfast

BREAKFAST BAP

Two bacon, two sausage, fried egg on a brioche bap with butter & relish contains gluten(wheat), egg, mustard(relish)

BACON BAP

Three bacon on a brioche bap with butter & relish contains gluten(wheat), mustard(relish)

SAUSAGE BAP

€7.00

€7.00

€7.00

€9.00

Three sausages on a brioche bap with butter & relish contains gluten(wheat), mustard(relish)

Lunch

TUNA MELT SAMBO

Tuna, sweetcorn, mixed herbs, tomato, mature white cheddar, rocket, mayo on soft crunchy sourdough

contains gluten (wheat), milk, fish, mustard & egg(mayo)

CLUB SAMBO

€7.00

€7.00

€7.00

Shredded marinated chicken, tomato, ham, lettuce, mature white cheddar, a few crisps & mayo on Caviston's bread contains gluten (wheat), milk, egg(mayo)

LEMON CHICKEN WRAP

Chicken, mozzarella cheese, roasted peppers, mixed leaves& a basil infusion contains gluten (wheat), milk (cheese)

CHICKEN FILLET ROLL

Succulent southern fried chicken, with grated mozzarella, tomato, mayo, lettuce, and gherkins in a toasted ciabatta

contains gluten(wheat), milk, mustard & egg(mayo)

HAM CHEESE TOASTIE

FX Buckley baked ham, melted mature white cheddar & red pepper relish on soft, crunchy sourdough

contains gluten(wheat), milk, mustard (relish)

THAI CHICKEN SOUP -



Our signature soup dish, medium spice, chicken, noodles, and vegetables in a broth with brown bread

contains gluten (wheat/bread & noodles), celery

€10.00 PANKO CHICKEN BURGER €12.00

FRIES

Succulent southern fried chicken, melted mature white cheddar cheese, avocado, tomato, lettuce, mayo on a bap

contains milk(cheese), gluten(wheat), mustard & egg(mayo)

Vegetarian & Vegan

VEGETARIAN OR VEGAN **BREAKFAST BAP**

€7.00

Two vegan sausages, vegan or mature white cheddar cheese, mushrooms, tomato on a bap with butter or vegan butter & relish contains gluten(wheat, can be gluten-free bread), mustard(relish)

Lunch

VEGETARIAN BURGER (V) (VN) €10.00

FRIES

A blend of vegetable protein, sunflower oil with a golden crumb, melted white mature cheddar or vegan cheese, tomato, portabello mushrooms, gherkins, lettuce & spicy aioli or vegan mayo on a bap

contains soy, egg(aioli), milk (cheese), gluten(wheat) mustard & egg(aioli)

KALE SALAD(V)

€10.00

€12.00

Poached egg, kale, sweet potato chunks, feta & peanut rayu (peanuts, walnuts & cashew nuts in a chilli oil)

contains egg, milk, peanuts, nuts & seeds

SOUP OF THE DAY(V)(VN)

LARGE	€7.00
MEDIUM	€3.00
With brown bread	

contains gluten (wheat bread)

€7.00 **BUFFALO MOZZARELLA** & TOMATO BRUSCHETTA (V)

With fresh tomatoes and sundried tomatoes, rocket, basil infusion on a toasted ciabatta contains gluten (wheat), milk

HALLOUMI WRAP (V)

€7.00

Roasted halloumi, aubergine, peppers & courgette, mixed leaves and a sriracha sauce contains gluten (wheat), milk(cheese)

LUNCH DEAL

ADD €2.00 TO A SANDWICH, SALAD OR BURGER FOR A SMALL SOUP OF THE DAY OR FRIES

ADD €3.00 FOR THAI SOUP

€7.00

Desserts

CARAMELISED APPLE TART €8.50

With puff pastry, dressed with mixed fresh fruit, raspberry coulis & vanilla ice cream

contains gluten(wheat), milk, may contain traces of soya, egg & nuts

Cakes (Patisserie)

COFFEE & CAKE DEAL

€7.50

Chocolate Gateau Lemon Drizzle

- Victoria Sponge
- All contain gluten(wheat), milk and egg

Pastries (Medialuna)

COFFEE & PASTRY DEAL

€7.50

Apple Crumble, French Apple Tart, Lemon Meringue, Blueberry Danish, Brownie, Cheesecake & Berries Croissant Tart, Chocolate Croissant, Almond Croissant, Cinnamon Roll, Croissant, Pastel de Nata, Raspberry & Apple Sponge, Raspberry Scone For allergens, see display cabinet

Pastries (Weekly Special)

COFFEE & PASTRY DEAL

€8.00

Croissant of the week Cruffin of the week

Kids Menu (12 & Under)

SCRAMBLED EGG &

€4.00

TOAST

contains gluten (wheat), egg, milk

SAUSAGES & FRIES €4.00 Two chunky Loughnane's sausages with crispy skinny

fries contains gluten (wheat)

WAFFLES (V) €4 One Belgian waffles, vanilla ice cream & chocolate

sauce or maple syrup contains gluten (wheat), milk

PANCAKES (V)

€4.00

€4.00

Two American style pancakes, with chocolate sauce or maple syrup contains gluten (wheat)

CHICKEN BITES

A bunch of breaded bites

LARGE	€6.00
SMALL	€4.00

SMALL

contains gluten (wheat)

HAM & CHEESE TOASTIE contains gluten (wheat), milk	€6.00
HAM TOASTIE contains gluten (wheat)	€4.00
CHEESE TOASTIE	€4.00

CHEESE TOASTIE contains gluten (wheat), milk

Kids Desserts

VANILLA ICE-CREAM	€4.00
Add rainbow or chocolate sprinkles	
contains milk	
CHOCOLATE CROISSANT	€2.50
contains gluten (wheat), milk, egg	

Kids Drinks

HOT CHOCOLATE	€2.50
JUICES	€2.50
Apple	
Orange	
VIT HIT JUICES	€2.00
Apple & Kiwi	
Tropical Twister	
MILK	€1.00
BABYCHINO	€0.50