

GOURMET SUSHI ALLERGEN MATRIX

GOURMET
SUSHI
Freshly • Tasty • R

MENU ITEMS	ALLERGENS													
	CELERY	CRUSTACEANS (SHELLFISH)	CRUSTACEANS (EGGS)	EGG	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
URAMAKI														
SALMON & AVOCADO URAMAKI		YES	YES	YES				YES			YES	YES		
CALIFORNIA URAMAKI		YES	YES	YES				YES				YES	YES	
SOUTH BANK URAMAKI		YES		YES	YES			YES			YES	YES	YES	
PRAWN KATSU & AVOCADO URAMAKI		YES	YES	YES				YES	MC		YES	YES	YES	YES
VEGAN URAMAKI		YES		YES	YES			YES			YES	YES	YES	
SPICY TUNA & CUCUMBER URAMAKI		YES		YES	YES			YES			YES	YES	YES	
URAMAKI		YES		YES				YES			YES	YES	YES	
SPICY CALIFORNIA URAMAKI		YES	YES	YES				YES				YES	YES	
SALMON AND CREAMCHEESE URAMAKI														
FUTOMAKI														
TERIYAKI CHICKEN FUTOMAKI		YES		YES				YES			YES	YES	YES	YES
SOFT SHELL, CUCUMBER & AVOCADO ROLL														
SPICY YELLOW TAIL FUTOMAKI		YES		YES				YES				YES	YES	
SALMON & MIX VEG FUTOMAKI		YES		YES								YES	YES	
SPICY PRAWN & AVOCADO FUTOMAKI		YES	YES	YES	YES			YES			YES	YES	YES	
ELL AND CUCUMBER FUTOMAKI		YES		YES							YES	YES	YES	YES
SUPER CRUNCHY ROLL														
BREADED FRIED PRAWN & AVOCADO ROLL		YES	YES	YES				YES			YES	YES	YES	YES
BRADDED CHICKEN FRIED & CUCUMER ROLL		YES		YES				YES			YES	YES	YES	MC
BREADED FRIED CRISPY SALMON SKIN ROLL		YES		YES				YES			YES	YES	YES	
BRADDED ELL & CUCUMER CRUNCHY ROLL		YES		YES				YES			YES	YES	YES	
BREADED FRIED SOFT SHELL ROLL		YES	YES	YES	YES			YES			YES	YES	YES	
BRADDED VEGAN FRIED ROLL		YES						YES			YES	YES	YES	YES
MAKI (HOSOMAKI)														
SALMON MAKI		YES		YES				YES					YES	
TUNA MAKI		YES		YES				YES					YES	
AVOCADO MAKI		YES						YES					YES	
CUCUMBER MAKI		YES						YES					YES	
SALMON AND AVOCADO MAKI		YES		YES				YES					YES	
PRAWN & AVOCADO MAKI		YES	YES					YES					YES	
YELLOW TAIL & CUCUMBER MAKI		YES	YES	YES				YES					YES	
NIGIRI AND GUNKAN														
SALMON NIGIRI		YES		YES				YES					YES	
TUNA NIGIRI		YES		YES				YES					YES	
YELLOW TAIL NIGIRI		YES		YES				YES					YES	
ONILETTE NIGIRI		YES		YES				YES					YES	
FRESH WATER ELL NIGIRI		YES		YES				YES			YES	YES	YES	YES
SEARED SALMON NIGIRI		YES		YES				YES			YES	YES	YES	
PRAWN NIGIRI		YES	YES					YES			YES	YES	YES	
SWEET TOFU POUCH NIGIRI		YES						YES			YES	YES	YES	
SALMON ROE GUNKAN		YES		YES				YES					YES	
FLYING ROE GUNKAN		YES		YES				YES					YES	
SPICY SALMON GUNKAN		YES		YES				YES					YES	
SPICY TUNA GUNKAN		YES		YES				YES					YES	
SMOKED SALMON GUNKAN		YES		YES	YES			YES					YES	MC
SPICY SALMON TOFU POUCH GUNKAN		YES		YES				YES					YES	MC
SPICY TUNA TOFU POUCH GUNKAN		YES		YES				YES					YES	MC
SPECIAL ROLLS														
NEW RAINBOW ROLL		YES	YES	YES				YES			YES	YES	YES	MC
SPICY RAINBOW ROLL		YES	YES	YES	YES			YES			YES	YES	YES	YES
DRAGON ROLL		YES	YES	YES				YES			YES	YES	YES	YES
GIANT SALMON ROLL		YES		YES	YES			YES			YES	YES	YES	
GIANT TUNA ROLL		YES		YES	YES			YES			YES	YES	YES	
CRUNCHY SEARED SALMON ROLL		YES	YES	YES	YES			YES			YES	YES	YES	
GOURMET ROLL		YES	YES	YES				YES			YES	YES	YES	
SASHIMI														
SALMON SASHIMI		YES		YES				YES			YES	YES	YES	
TUNA SASHIMI		YES		YES				YES			YES	YES	YES	
YELLOW TAIL SASHIMI		YES		YES				YES			YES	YES	YES	
SEARED SALMON SASHIMI		YES		YES				YES			YES	YES	YES	
SEARED TUNA SASHIMI		YES		YES				YES			YES	YES	YES	
MINI SASHIMI PLATTER		YES		YES				YES			YES	YES	YES	
LARGE SASHIMI PLATTER		YES		YES				YES			YES	YES	YES	
SUPER SASHIMI PLATTER		YES		YES				YES			YES	YES	YES	
YELLOW TAIL JALEPANO		YES		YES				YES			YES	YES	YES	MC
TEMAKI (HAND ROLL)														
SALMON AND AVOCADO		YES		YES	YES			YES			YES	YES	YES	
SPICY TUNA CUCUMBER		YES		YES				YES			YES	YES	YES	
CRABSTICK AND AVOCADO		YES	YES	YES	YES			YES			YES	YES	YES	
ELL, CUCUMBER AND AVOCADO		YES		YES				YES	MC		YES	YES	YES	YES
AVOCADO AND CUCUMBER		YES		YES				YES			YES	YES	YES	
PRAWN KATSU AND AVOCADO		YES	YES	YES				YES	MC		YES	YES	YES	MC
SALMON SKIN, CUCUMBER		YES		YES				YES			YES	YES	YES	

ALLERGENS

MENU ITEMS

	CELERY	CRUSTACEANS SHELLFISH	CRUSTACEANS	EGG	FISH	LUPIN	MILK	MOLLUSKS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIA.
SUSHI BOXES														
9 PIECE DETOX BOX -NEW	YES	YES		YES				YES				YES	YES	
15 PIECE DELUX BOX	YES		YES	YES				YES				YES	YES	
16 PIECE TOKYO BOX	YES	YES		YES				YES				YES	YES	
8 PIECE DELISH BOX- NEW	YES			YES				YES				YES	YES	
18 PIECE OMEGA 3 BOX	YES			YES				YES				YES	YES	
18 PIECE MINI GOURMET BOX	YES			YES				YES				YES	YES	
18 PIECE VEGGIE BOX	YES		YES					YES				YES	YES	
13 PIECE SALMON LOVER BOX	YES		YES					YES				YES	YES	
36 PIECE PLATER BOX	YES	YES	YES	YES				YES				YES	YES	
72 PIECE GROUP PLATER	YES	YES	YES	YES				YES				YES	YES	
130 PIECE LARGE GROUP PLATER	YES	YES	YES	YES				YES				YES	YES	
TRUE LOVE BOX	YES	YES	YES	YES				YES				YES	YES	
LUSH BOX	YES		YES					YES				YES	YES	
SALMON PLATINUM BOX														
LUNCH SUSHI BOX	YES			YES				YES				YES	YES	
SUPER SMART SUHI BOX	YES	YES	YES	YES				YES				YES	YES	
MINI SALMON LOVER SUSHI BOX														
14 PCS VEGAN PLATTER	YES							YES				YES	YES	
42 PCS SUPER VEGAN PLATTER	YES							YES				YES	YES	
KETO ROLLS														
NEW KETO ROLL	YES		YES										YES	
VEGAN KETO ROLL	YES							YES				YES	YES	
DESSERTS														
GREEN TEA ICE CREAM	MC				YES			MC					MC	
CUSTARD DORIYAKI	YES		YES		YES			YES	YES	YES	YES	YES	YES	
CHOCOLATE DORIYAKI	YES		YES		YES			YES	YES	YES	YES	YES	YES	
STRAWBERRIES DORIYAKI	YES		YES		YES			YES	YES	YES	YES	YES	YES	
CHOCOLATE BROWNIE	YES		YES		YES			YES	YES			YES	YES	
CHEESE CAKE	YES		YES		YES			YES	YES			YES	YES	
BENTO BOXES														
ROYAL	YES		YES	YES				YES				YES	YES	
STATERS														
EDAMAME BEANS													YES	
SPICY EDAMAME BEANS	YES												YES	
WHITE RICE														
MISO SOUP	YES												YES	MC
SEAWEED SALAD	YES											YES	YES	
CHICKEN KARAGE	YES												YES	
PUMKIN Q	YES												YES	
CHICKEN GYOZA	YES											YES	YES	
VEGETABLE GYOZA	YES												YES	
PRAWN GYOZA	YES	YES						YES	YES	YES	YES	YES	YES	
DUCK GYOZA	YES												YES	YES
CHILLI SQUID	YES		YES				YES						YES	YES
PRAWN TEMPURA	YES	YES											YES	
BREDED PRAWN KATSU	YES	YES												YES
LARGE NOODLE SOUP CUPS														
SPICY CHICKEN GYOZA NOODLE SOUP	YES		YES									YES	YES	MC
VEGETABLE GYOZA NOODLE SOUP	YES											YES	YES	
MIX SEAFOOD NOODLE SOUP	YES	YES	YES			YES						YES	YES	
DUCK GYOZA NOODLE SOUP	YES											YES	YES	
POKE														
SALMON POKE	YES		YES									YES	YES	MC
TUNA POKE	YES		YES									YES	YES	MC
SALMON AND TUNA MIX POKE	YES		YES									YES	YES	MC
VEGAN POKE	YES											YES	YES	MC
DONBORI -RICE														
CHICKEN TERIYAKI DONBORI RICE	YES											YES	YES	YES
SALMON TERIYAKI DONBORI RICE	YES		YES									YES	YES	YES
GRILLED ELL DONBORI RICE	YES		YES									YES	YES	YES
VEGETABLE DONBORI RICE -TERIYAKI	YES											YES	YES	YES
VEGETABLE DONBORIRICE -CURRY	YES					YES						YES	YES	YES
CHICKEN KATSU CURRY RICE	YES				YES							YES	YES	YES
PRAWN KATSU CURRY RICE	YES	YES			YES							YES	YES	YES
DONBORI - NOODLE														
CHICK TERIYAKI DONBORI NOODLE	YES											YES	YES	YES
CHICK KATSU CURRY NOODLE	YES					YES		MC				YES	YES	YES
CHICKEN KATSU CURRY NOODLE	YES				YES			MC				YES	YES	YES
VEGETABLE TERIYAKI NOODLE	YES				YES							YES	YES	YES