

STARTER

Vegetables Spring Roll with Thay Sweet Chilli Sauce	£5.50
Shell, fish, sesame, gluten	
Fried Calamari with Lemon Mayo	£6.00
Gluten, eggs, molluscs, sesame	
Spicy Buffalo Wings With Sweet Pepper Sauce	£5.50
Gluten, sesame	
Thay Crab Cake Lemon Tart Sauce (3 Pieces)	£6.00
Gluten, soya, crustaceans, eggs, mustard	
Wok Tofu Sweet Potato Chilli Mandarin Sauce	£5.50
Soya, gluten, eggs, sesame	

SUSHI MENU

California Maki (6Pieces)	£9.50
Snow crab meat leg, avocado, wasabi mayo, tobiko and sesame seed	
Spicy Tuna Maki (6Pieces)	£8.50
Cucumber, spicy mayo, sesame seeds	
Spicy Salmon Maki (6pieces)	£8.00
Cucumber, spicy mayo, sesame seeds	
Prawn Tempura Maki (5pieces)	£9.00
Yama kobo, spicy cod roe, avocado	
Seafood Maki (5 pieces)	£10.50
Tuna, salmon, white fish, masago, cucumber	
Soft Shell Crab Maki (5pieces)	£10.50
Spring onion, pomelo, spicy mayo, shallot, cress	
Vegetable Tempura (5pieces)	£8.00
Chef's choice*	
Vegetable Maki (5pieces)	£7.00
Cucumber, avocado, roasted pepper, endives	
Sashimi (5pieces)	£6.50
Salmon, tuna, white fish, hamachi, mussi abi (prawn), unagi, octopus	
Nigiri (3pieces)	£5.50
Salmon, tuna, white fish, hamachi,	



SOUP

Tomyum Soup	£5.50
Lemongrass, lime leaf, mushrooms, cherry tomatoes	
Miso Soup	£5.50
Tofu, wakame, spring onion, shimeji mushrooms	
Lobster & Saffron Soup	£8.00
Cream, chilli oil, chives	
Tom yum Chicken soup	£6.50
Tom yum prawn soup	£6.50

SALAD

Seafood Salad	£9.50
Tuna, salmon, white fish, prawn, mixed leaves, and chilli dressing	
Papaya Salad	£8.00
Beans, cherry tomatoes, salted peanut, chilli, mint	
Beef Salad	£10.50
Asparagus, mixed leaves, yuzu truffle dressing	
Prawn & Avocado	£9.00
Fennel, green apple, honey mustard soy dressing	
Wakame & Asparagus	£7.50
Cucumber, beans, pomegranate, truffle orange dressing	
Squid Salad	£8.50
Artichoke, concasse tomatoes, green olives, lemon chilli dressing	



GRILL

Chicken Satay	£8.00
Peanut & coconut sauce, Steam rice, pickled onions, lemongrass teriyaki, shiitake mushrooms	
Five Spice BBQ Chicken	£13.50
Steam rice, pickle onions, lemongrass teriyaki, shitake mushrooms	
Salmon Tariyaki with Vegetables	£7.00
Sea Bass Tariyaki with Roast Potatoes	£7.00
Sea Bream Tariyaki with Roast Potatoes	£7.00
3flavours Spice Coconut	£18.50
Crust rack of lamb pickled cucumbers, black garlic sauce	

PAD THAI

Chicken Pad Thai	£11.50
Tofu, green beans, pak choi, carrot, bean sprouts	
Prawn Pad Thai	£12.50
Tofu, green beans, pak choi, carrot, bean sprouts	
Vegetable Pad Thai	£10.50

NOODLES

Spice Wok Beef Noodles	£10.50
Mushrooms, snow peas	
Seafood Noodles	£10.50
Prawns, salmon, squid	
Oriental Green Noodles	£9.50
Lobster Egg Noodle	£23.00
Courgette, roasted peppers, mushrooms	
3flavours Stir Fried Chicken Noodles	£10.00
3flavours Stir Fried Prawn Noodles	£10.50

CURRY

Chicken Green Curry	£12.50
With a crispy lotus root and crispy shallot	
Beef Green Curry	12.50
With crispy lotus and crispy onion, steamed rice	
Prawn Green Curry	11.50
With crispy lotus and crispy onion, steamed rice)	
King Prawns Java Curry	£12.00
with Steamed Rice	
Vegetable Green Curry	£10.50
With aubergine and seasonal vegetables	
Chicken Katsu with Java Curry	£13.50
Lamb Curry with Steamed Rice	£9.50
Cylon Chicken Curry with Steamed Rice	£8.50
Lentil & Aubergine Curry with Rice	£8.50



WOK

- Wok Chicken** 🍗 £9.50
Carrot, leeks, bamboo shoots, meandering sauce
- Wok Beef with Thai Basil** 🍃 £12.00
Peppers, bean sprouts, spring onion, roast peanut
- Chilli Garlic Prawns** 🍤 £9.50
Asparagus, thai sweet chilli sauce
- Wagyu Wok Beef** 🍖 £32.00
Mushroom rice, asparagus, thai basil, bean sprout



RICE

- Steam Rice** 🍚 £3.00
- Chicken Fried Rice with Vegetables** £6.50
- Beef Fried Rice with Vegetables** £7.00
- Prawn Fried Rice with Vegetables** £7.00
- Egg Fried Rice** £4.50
- Coconut & Cashew Rice** £4.50
- Seafood Rice** £8.50

DESSERTS

- Passion Fruit & Mango Mousse** £6.50
- Chocolate Cookie Cheesecake** £5.50
- Chocolate Mousse** 🍫 £6.50

SOFT DRINKS

Can of Drink		Bottle (1.50ltr)	
Coca-cola	£1.50	Coca-cola	£2.80
Diet coca-cola	£1.50	Diet coca-cola	£2.80
Sprite	£1.50	Sprite	£2.80
Fanta	£1.50	Fanta	£2.80
Pepsi	£1.50	Aloe vera	£3.50
Tango	£1.50	Sparling water	£2.50
Mirinda	£1.50	Still water	£2.50

A NEW APPROACH TO TAKEAWAY

3Flavours is a new takeaway based in Clerkenwell that sees the coming together of 3 renowned chefs to create the perfect plate for you.

Like an accomplished dish our approach is well balanced, beautifully layered, each chef compliments the other, all working in harmony to offer you a take away experience on par with some London's best restaurants but in the comfort of your own home.



CALL US

0203 659 1533 | 0207 278 2885

ORDER ONLINE

www.3flavours.co.uk



Like | Share | Follow



CHILLI



CONTAINS NUTS



3 FLAVOURS PRODUCT



IF YOU ARE ALLERGIC TO ANY FOOD PRODUCT, PLEASE ADVISE A MEMBER OF THE SERVICE TEAM

All major debit & credit cards are accepted



FLAVOURS TAKEAWAY

SUSHI | THAI | MODERN ASIAN

7 Days a Week
12pm -22pm

379 St John St, Clerkenwell, London EC1V 4LD